

Decisions

Kids have ten minutes to decide which of the following things they consider to be the most harmful and to order the list using a number 1 beside the one they

think is the most harmful, number 2 beside the second most harmful, etc. Afterward, discuss the results. Define harmful as it relates to all areas of life.

HARMFUL ACTIONS

- ☐ Getting drunk
- ☐ Moderate drinking (alcohol)
- ☐ Lack of exercise
- ☐ Cigarette smoking
- ☐ Guilt feelings
- ☐ Poor eating habits (types of food, how eaten, etc.)
- ☐ Marijuana
- ☐ Drugs (amphetamines, LSD, etc.)
- ☐ Overwork
- ☐ Lack of medical attention when necessary
- ☐ Premarital sex
- ☐ Nervous anxiety and tension
- ☐ Fatigue, caused by never getting enough sleep

- ☐ Overeating
- ☐ Watching television
- ☐ Reading pornography
- ☐ Other:
- ☐ Other:

Questions:

- Why did you rank the items the way you did?
- What criteria did you use to decide which item was more harmful than the others?
- How would your parents rank the items?
- How would God rank them?