

1. Do you respect yourself? yes_____ no_____
2. Do you want to improve? yes_____ no_____
3. Do you have goals? yes_____ no_____
4. Do you have a plan to achieve your goals? yes_____ no_____
5. Are you willing to learn? yes_____ no_____
6. Are you willing to change? yes_____ no_____
7. Are you a good listener? yes_____ no_____
8. Are you willing to make mistakes? yes_____ no_____
9. Do you try to hide your feelings from others? yes_____ no_____
10. Do you try to blame your mistakes on others? yes_____ no_____
11. Are you glad when others fail? yes_____ no_____
12. Are you honest and open about your feelings? yes_____ no_____
13. Are you happy with who you are today? yes_____ no_____
14. Do you like who you are? yes_____ no_____

Conflict or
flow,
limits or
freedom,
unity or
isolation,
are a matter of
choice.

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Choice is
freedom.
To choose
is to be free.
Choice judges right,
but does not
make right.
Choice is privileged
through power.

Power to choose
is a divine gift,
not a human right.
Power to choose
makes freedom,
but not right.

Choice accepts risk,
accepts consequence.
Choice does not determine
morality,
it only judges it.

A way of life based on
harmony and respect
is one's choice.

If one chooses,
one can live in balance
with oneself, others and
the natural world.

Many individuals with
the same choice,
make up one nation
with the same choice.

Many nations
with the same choice,
make up one planet
with the same choice--
one world united.